



IMPORTANT TO REMEMBER WHEN VISITING FARMS IN FINLAND

Farm visits can cause a certain risk concerning contagious animal diseases. Especially diseases caused by viruses can spread very rapidly and cause serious outbreaks. Those viruses can spread from country to country with clothes, footwear and foodstuffs. These diseases include for example **Foot and Mouth Disease, African Swine Fever, Avian Influenza and Newcastle Disease.**

The animal health situation in Finland is very good. This is partly based on the voluntary actions of the farmers and feed industry. The responsibility to prevent animal diseases belongs to everybody. When visiting farms in Finland, we ask you to take these actions:

- Do not visit farms before traveling to Finland if some serious animal diseases are noticed or suspected in your area.
- Do not import any products of animal origin.
- Do not wear the clothes and footwear during the journey, which you have used in animal units in your homeland.
- Do not visit the Finnish farm, before 48 hours have passed after you left home (72 h for visitors coming from areas with Foot and Mouth Disease).
- We also recommend that you take a sauna bath in Finland before visiting farms here.
- Use farm specific protection clothes and footwear, provided by your host/farmer.
- Do not touch the animals.

Thank You!